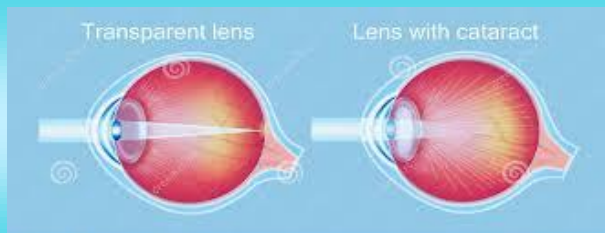




Cataract Surgery

Cataract is when the Ocular Lens starts to blur into an opaque and matt state. So when light hits the eye, instead of the ocular lens reflecting the light, the matt covering acts as a barrier. The surgery for Cataract can be done in multiple methods. They may either operate from the external side of the Ocular Lens, the internal side, or by shattering the Ocular Lens via laser and replacing it with a fake one.



Signs of Cataract

Blurry vision, dullness in colors, dots of light in your eyesight, and weak vision focus.

Post-operative care

- pressure one week after the surgery
- Use a plastic shield over the eye a week after the surgery, this shield is washable and can be cleaned with soap and water
- One week after the operation bathing and washing your face is allowed (with orders from your doctor)
- You must attend all appointments with your doctors
- After Surgery, traveling with a car, airplane, or train is perfectly fine
- Be careful to not carry heavy objects or rub your hands against your eyes
- While resting don't sleep on the side where your eye has been operated on
- The surgery won't hold you back from exercising or studying after
- If you experience any of these problems such as eye pain, extreme redness, sensitivity with light, weak eyesight, or purulent discharge, please visit an eye doctor
- If you feel as though you're seeing bright sparks or bits of blurriness please inform a doctor
- You may wear makeup and go swimming three weeks after the surgery (with recommendations from your doctor)

Point: medication after the surgery should be taken in the prescribed dosage and on time. Taking your medicine correctly and regularly will help the recovery process a lot

When using these eye drops please follow the following procedures:

- It's best to have another person instill the eye drops instead of doing it yourself
- You must wash your hands before using the eye drops
- If you need to clean your eyelashes or eyelids, please use a cotton swab from the inner corner of the eye to the end of it
- While using the eye drops hold your head back and look up at the ceiling and gently stretch your eyelid downwards
- Close your eyes for 30-40 minutes after using the eye drops and don't touch it
- While using the eye drops, make sure the eye and bottle don't make contact

- If you have more than one eye drops wait five minutes before using the other

- If you're using your eye drops and ointment at the same time use the eye drops first, then the ointment

- Please do not use your medicine to your own accord and strictly follow the doctors orders

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